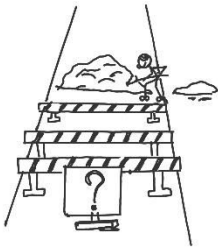


# Blockages in therapy

Seminar with Béatrice Bourau-Glisia

**Décodage**  
EMOTIONNEL des SYMPTÔMES  
BBG



## Biological blockages and blockages in the therapy...

Therapy is above all the first step in a process of regaining balance, be it biological or emotional.

**However, this therapeutic process is sometimes limited by obstacles or locked away completely.**

The patient and the therapist find themselves confronted with an obstacle that impedes the success of the primary object, limiting the return to an equilibrium.

It is thus essential to discover and treat any blockages in order to liberate the principal conflict, much like it is necessary to find the key to open a locked door.

### What are conflicts? How can they be detected?

During the training, we will study different types of "blocking" or "limiting" conflicts, their emotional origins, their biological roles, and their unconscious, positive intentions.

We will discover how to identify them, and then establish precise therapeutic strategies that are adapted to each situation.

This training will take place through a theoretical approach accompanied by practical exercises and real-life situations that are illustrated with tangible examples and demonstrations.

We will study the importance of the blockage in the structure or the physiology of the patient. Understanding the blockage and its sense or utility, facilitates the discovery of its origin and thus helps the patients free themselves from its constraints.

### Examples

We will see, for example, how to encourage a very "cerebral" patient to discover his or her feelings.

Conflicts among choices, or the adrenal gland, can create biological blockage through a lack of energy or reduction in the hormone cortisol, which among other functions, the body uses to counteract inflammation problems associated with certain medical conditions.

## Seminar open to all therapists interested in biological decoding



*Béatrice Bourau-Glisia has been a therapist and international instructor for more than 15 years. Her in-depth study of eating disorders and obesity have made her particularly sensitive to the blockages frequently seen with these types of symptoms.*



[www.bbgdecodage.com](http://www.bbgdecodage.com)

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