

Children and Therapy

from theory to practice

Seminar with Béatrice Bourau-Glisia



Children have special needs...

Although children may be individuals, they are particular in the sense of existing in a rapid and complex evolutionary process. We cannot use the same therapeutic methods with a child as we might use with an adult.

Additionally, in biological decoding we often assume that a suffering child, under 7 years of age, is a reflection of an imbalance in the family. So how can we organize and structure a therapeutic process for both the child, and the family? How can we help parents in these difficult situations without making them feel guilty?

Drawing on my 15 years of experience and the recent literature in neuroscience, child psychology, and family systems, I propose a course on the methodology of biological decoding in child therapy.

The child at the center of the family

In the first step, the work proposed is to discover how children function. What are the different stages of their growth, their needs, and their fragilities ?



Following, we will observe how the child is positioned at the center of the family, with his parents, and his brothers and sisters.

Then it will be very important to understand the evolution of the parents, their expectations, their convictions, and the issues that are in play and concern the child. It is also vital to observe the parents with respect to their difficulties confronting the condition and suffering of their child.

Finally, as a therapist it is equally vital to question our own perception of the child.

What images, what ideas, what perceptions do we have of the child and the family as they confront the illness or

problem.

Practical training

This training program will be supplemented with practical and tangible exercises in order to improve understanding by acting with precision and finesse.

The goal of this program is to be able to :

- Approach therapy with a child by adapting the therapy to his age and pathology.
- Identify the family issues that play a part in the illness.
- Listen, observe, deduce, and hypothesize pertinently on the emotional origins of the symptoms.
- Use specific therapeutic tools for children and adolescents.
- Guide each member of the family towards improved well-being.

Seminar open to all therapists and/or childcare workers



Béatrice Bourau-Glisia has been a therapist, instructor, and international speaker for more than 15 years. Her frequent work with children and adolescents has enabled her to develop an specific approach to Decoding for these young people.

www.bbgdecodage.com